

TOTAL OFFICER PROTECTION (T.O.P) LAW ENFORCEMENT LEVEL 1



EVOLVED ON:
July, 2017

Restrain & Control - THE COBRA

Suspect Facing You

- Shoulder/Face Maneuver to Cobra Control
- Shoulder/Face Maneuver to Cobra Control & Escort
- From “Chicken Wing” Maneuver to Cobra Control
- Maneuver to Cobra Control, Take Down & Cuff
- Maneuver to Cobra Control to Figure 4 Escort
- Shoulder Maneuver to Cobra & Neck Control
- Shoulder Maneuver to Cobra, Neck Control & Escort
- Maneuver to Cobra & Fingers Control
- Maneuver to Cobra & Wrist Control
- Maneuver to Cobra & Double Elbows Control
- Maneuver to Cobra & Collar Control
- Maneuver to Cobra Control to Figure 4 Take Down & Cuff
- Cobra Control to T Shirt “Handcuff”
- Cobra Control to T Shirt “Handcuff” & Take Down

Approaching Suspect from Side

- Side Cobra with Over/Under Hook Pull

* perform all the previous techniques (Suspect facing you) From Both Sides

Approaching Suspect from Rear

- Arm Pull to Cobra Control

* perform all the previous techniques (Suspect facing you) From the Back



Suspect Attempts to Escape/Resist Cobra

- Transfer to 90 Degree Straight Arm Bar & Take Down
- Transfer to Nutcracker Escort

Maneuvers From Being Choked to Control

- Lat Release to Armpit Control
- Chicken Wing to Cobra

Suspect Escapes & Run

- Centrifugal Hurdle Take Down to Control

While Escorting, a Compliant Suspect Tries to Escape

- From T-Shirt & Wrist Hold to Cobra Control & Take Down
- From Elbow & Wrist Hold to Rear Armlock & Take Down

Handcuffing

- Cobra Handcuff

BATON CONTROL TACTICS

- Baton to Cobra Escort
- Baton to Cobra Escort (One Edge behind back)
- Baton to Cobra Row & Take Down
- Baton to Cobra Lift (Transferring one Edge to Suspect Chest)
- Baton to Control & Body Search



HANDGUN DISARMING

Psychology of Gun Disarming

Suspect Hold Gun One Hand (Head/Upper Body) All Directions

- 3 Point Control Technique with Shelf & Disarm

Suspect Hold Gun Two Hands (Head/Upper Body) All Directions

- 3 Point Control Technique with Shelf & Disarm

Suspect Hold Gun (Head/Upper Body) & Retreats

- Pin & Rip Disarm

Suspect Attempts to Take Gun From Holster

- Pin, Head Butt & Spin
- Pin, Head Butt to Spin & Reversal

Suspect Attempts to Take Gun From Leg Holster

- Pin, Head Butt with Leg Spin
- Pin, Head Butt with Leg Spin & Reversal



SEARCH TACTICS

Suspect in Standing Search Position

- Straight Jacket Search (to Check Other Side Perform Head Maneuver)

STRIKING DEFENSE TACTICS

Violent Strikes to Head

- Helmet/Rhino to Disengage & Draw Your Weapon
- Helmet/Rhino to Head Twist Take Down
- Helmet/Rhino to T Shirt Take Down
- Helmet/Rhino to Control Techniques

KNIFE DEFENSE TACTICS

Lunging Stab (Multiple Stubs)

- Deflect (Wrist Snap/Shield) Angle & Draw Your Weapon
- Inside “Delivery System” Control & Wiz Disarm
- Outside “Delivery System” Control & Wiz Disarm

GROUND CONTROL TACTICS

Suspect Lying on Their Side (Facing You)

- Pin Head and Arm while Moving to the Backside & Control



Suspect Lying on Their Side (Facing Away)

- Pin Head and Arm & Control

Suspect Lying on Their Back

- Head Pin while Lifting Elbow to Roll & Control

Suspect on Stomach (One Arm Trapped)

- Knee on Elbow Leverage & Cuff

PUTTING SUSPECT IN THE CAR

Complying Suspect

- Cobra Load

Resisting Suspect

- Disorientations Tactics

Soft BREAK FALLS (Back/Front/Side)

- To Weapon Withdraw

SURPRISE ATTACKS

Non Stop Random Attacks by Multiple Assailants



TESTING REQUIREMENTS:

The requirement to become a Level 1 T.O.P. LE certified Instructor is a minimum of 75% on the following criteria:

- 1)** Understanding of Commando Krav Maga History, Theory, Tactics, Concepts, Principles & Philosophy
- 2)** Dynamic breakfalls to weapon withdraw
- 3)** Effectively conduct a short T.O.P. LE class (Instructors only)
- 4)** Demonstration of all T.O.P. LE techniques (right and left) chosen at random by the instructor.
- 5)** Perform the techniques in full speed while moving from station to station (in each station you will be attacked differently) for 7 minutes.

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