

TOTAL OFFICER PROTECTION (T.O.P.) LAW ENFORCEMENT LEVEL 1



EVOLVED ON:
May 2, 2012

RESTRIAN & CONTROL TACTICS

Suspect Facing You

- Cobra with Face Push Distraction & Nose Control
- Face Push Distraction to Cobra & Escort
- Face Push Distraction to Cobra, Take Down & Cuff
- Cobra to Figure 4 Escort
- Cobra to Figure 4 Take Down & Cuff
- Cobra with T Shirt Hold to Escort
- Cobra with T Shirt Hold to Take Down

Approaching Suspect from Side

- Side Cobra with Hook Pull

Approaching Suspect from Rear

- Arm Pull to Rear Cobra & Escort
- Arm Pull to Rear Cobra, Take Down & Cuff

Suspect Attempts to Escape/Resist Cobra

- Transfer to 90 Degree Straight Arm Bar Take Down
- Nutcracker Escort

Pushing Choke

- Lat Release to Armpit Control
- Rear Chicken Wing to Take Down
- Redirect to Looping Cobra



Suspect Attempts to Run

- Centrifugal Hurdle Take Down

Escorting a Compliant Suspect

- Compliant Escort (T Shirt/Wrist Hold)
- Compliant Escort to Cobra

Handcuffing

- Cobra Handcuff
- Chicken Wing to Cobra & Cuff

BATON CONTROL TACTICS

- Cobra Baton Escort
- Cobra Baton to Row Take Down
- Cobra Baton Lift to Escort

HAND GUN DISARMING TACTICS

Psychology of Gun Disarming (Hands Up or Down)

Front (Stomach, Chest and Head)

- Redirect/Circular Redirect Quick Disarm (80/20)
- Redirect/Circular Redirect Quick Disarm (Body Assist)

Side of Head

- Reverse Blade Redirect & Quick Disarm (80/20)
- Reverse Blade Redirect & Quick Disarm (Body Assist)

Back of Head

- Finger Push Spin Redirect & Quick Disarm (80/20)
- Finger Push Spin Redirect & Quick Disarm (Body Assist)

Rear (Below Shoulder Blades)

- Looping Disarm



Side of Hip (Behind the Arm)

- Looping Disarm

Side of Hip (Front of Arm)

- Under Grip Quick Disarm

Suspect Retreats (Front/Side/Back) Arm Stretched

- 3 Point Control Technique with Shelf & Disarm

Suspect Retreats (Front/Side/Back) Arm Retracted

- Control Technique Pin & Rip Disarm

Suspect Retreats (Back Below Shoulder Blade)

- Looping Control Technique

Gun Between Head & Shoulder Blades

- Lat Redirect to Control Technique

WEAPONS RETENTION

Suspect Attempts to Take Gun From Holster

- Pin & Crowbar
- Pin & Spin
- Pin to Head Butt & Spin
- Pin & Spin with Reversal

Suspect Attempts to Take Gun From Leg Holster

- Pin to Semi-Circle Step
- Pin with Semi-Circle Step to Reversal

GUN RETENTION MENTALITY DRILLS

- Perseverance
- Grab & Shoot

SEARCH TACTICS

Suspect in Standing Search Position

- Straight Jacket Search



STRIKING DEFENSE TACTICS

Confrontation Scenarios & Psychology Tactics

Strikes to Head

- Double Rhino/Helmet Defense
- Double Rhino/Helmet & Disengage
- Double Rhino/Helmet Push & Disengage
- Double Rhino/Helmet to Groin Strike
- Double Rhino/Helmet to Cat Strikes
- Double Rhino/Helmet to Head Twist Take Down
(Exercise Precautions)
- Double Rhino/Helmet to T Shirt Take Down
(Exercise Precautions)

KNIFE DEFENSE TACTICS

X Shield Drills

Knife Attacks from All Angles

- Single/Double Wrist Snap
- Shield Redirect
- Single/Double Forearm
- X Shield Defense to Weapon Draw

Lunging Stab

- Shield Redirect and Push Escape
- Shield Redirect and Strike (Groin or Eyes)
- Shield Redirect to Under Arm Control Disarm
- Under Arm Control to Return to Sender



GROUND CONTROL TACTICS

Suspect Lying on Their Side (Facing You)

- Head Twist to Head Pin & Control
- Rear Transition to Head Pin

Suspect Lying on Their Side (Facing Away)

- Head Pin & Control

Suspect Lying on Their Back (You Are Above Their Head)

- Head Twist to Head Pin & Control

Suspect on Back (You're by His Feet)

- Log Roll to Head Pin & Control

Suspect on Stomach (One Arm Trapped)

- Knee to Elbow Leverage to Cuff

In Suspect's Guard

- Achilles Escape to Weapon Draw
- Achilles Twist to Head Pin

Suspect in Your Top Mount

- Arm Noose

PUTTING SUSPECT IN THE CAR

Suspect Resisting (Facing Car or Back to Car)

- Cobra Load
- Disorientations Tactics

BREAK FALLS

- Rear Break Fall to Guarded Get Up
- Side Break Fall to Guarded Get Up
- Rear Soft Roll to Combat L Stance
- Side Soft Roll to Combat L Stance



SURPRISE ATTACKS

Non Stop Random Attacks by Multiple Assailants

TESTING REQUIREMENTS

The requirement to pass the T.O.P. LE Course is a minimum of 75% on the following criteria:

- 1) Understanding of Commando Krav Maga Law Enforcement History, Theory (Tactics, Concepts & Principles) and Philosophy
- 2) Dynamic break falls
- 3) Effectively conduct a short T.O.P. LE class (Instructors only)
- 4) Demonstration of all T.O.P. LE techniques (right and left) chosen at random by the instructor.
- 5) React effectively to a non-stop random surprise attacks, and perform all techniques in a pressure test environment.

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